

## JUSTICE AND PEACE BULLETIN NOTES OCTOBER 2023

OCTOBER 2023	
RESPECT LIFE	
Sundays	Soup Kitchen
Tues./Thur./Sat. weekly	Catholic Worker, Soupline
Sept. 27-Nov. 5-	40 Days for Life Campaign
<b>10/2-</b>	<b>Justice &amp; Peace Meeting, 7:00 pm - 8:15 pm</b>
<b>10/4</b>	<b>Feast of Saint Francis of Assisi</b>
<b>*10/9-Monday</b>	<b>Columbus Day</b>
10/14-	<b>Clean the Street (Parish Volunteers) 8:30 am-10:30 am</b>
10/16- Mon.	<b>Care For Creation Meeting, 7:00 pm-8:15 pm-Commons</b>
10/24-	<i>Haiti Twinning Ministry (HTM) 6:00 pm light dinner, meeting 6:30 pm - 7:30 pm, Commons</i>
10/29-	Memorial Mass Neil Walsh

### September 30<sup>th</sup> & October 1<sup>st</sup>, 2023

This month, we continue sharing **July 2022-June 2023 impacts for each ministry**. Thank you for your participation in those ministries rooted in the scriptures and Catholic Social Teaching (CST). October is **40 Days For Life Month**.

**CELEBRATE AN ECO-FRIENDLY HALLOWEEN** | Halloween is the most highly celebrated holiday after Christmas, but that celebration comes at a high price for the environment. Think differently this year.

**Costumes:** Americans spent \$3.2 billion on Halloween costumes last year and most costumes were worn for a few hours and were thrown in the trash. With a little creativity and some simple supplies, you can make your own costumes and protect the planet. If you can't make your own costume, consider borrowing one or renting one.

**Decorations:** Many commercial decorations are made out of plastic and end up on the landfill. This year be earth friendly and switch to natural decorations like pumpkins, gourds, corn stalks or recycled materials that you have at home. Challenge your creativity and protect the earth.

**Treats:** Halloween is synonymous with sweets, but you can shop for your treats with the earth in mind. Look for candy with fewer plastic wrappers, shop for organic or fair-trade brands or opt for gifts instead of candy.

Happy Halloween!



### HAITI TWINNING MINISTRY IMPACT FOR JULY 2022-JUNE 2023

To accompany our twin parish, Saint Gabriel, to flourish in their community at the highest level of their capacity. Both parishes agreed to decrease the operation cost of the school Pre-K-13<sup>th</sup> Grades while investing in self-sustainable projects.

Greeting notes sent to 20 parishioners at St. Gabriel & notes to Fr. Fitho Jean. Communication | Met Fr. Fitho regularly via WhatsApp. Actions | 1 Novena for St. Gabriel Feast Day, 1 Novena for Sacred Heart Feast Day, 1 Novena for Haiti Solidarity Week in Sept., 1 Stations of the Cross in Solidarity with Haiti during Lent, 2 parish gatherings: HTM Anniversary (May), Haiti Solidarity Gathering (Sept.), out of parish yard sales. Education | Regular bulletin notes with updates on twin parish, Catholic Social Teaching, book study: The Lambi's Call, a Haitian Journey by Dr. Tom Fame.

Provided | 8 teachers' salary, \$100 monthly (10 last year) | 1 nurse's salary, \$100 monthly, 21 scholarships, \$275 each annually, 16 students for lunch, \$420 each annually (21 last year), Medical Assistance, \$100 per month & 1 Dentist's visit | Textbooks purchased in Haiti, 7<sup>th</sup> & 10<sup>th</sup> Grades (Advent Giving Tree) POC: **Brendan Pigott** [bp2004bch@aol.com](mailto:bp2004bch@aol.com)

**Catholic Social Teaching: Option for the Poor** A basic moral test is how our most vulnerable members are faring.

Scripture: [Leviticus 19:9-10](#) A portion of the harvest is set aside for the poor and the stranger.

## October 7<sup>th</sup> & 8<sup>th</sup>

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**THANKSGIVING BASKETS IMPACT** | Sacred Heart works to increase food stability at Thanksgiving. In 2022 we helped over 315 people! We supported five agencies: Catholic Worker, Virginia Supportive Housing, Norfolk Community Services Board, Hope 4 Life, St Peter the Apostle Catholic Church, Eastern Shore Migrant Ministry. Parishioners donated the food, sorted it, and packed the bags. POC: Karen Latham [karenoberthal@aol.com](mailto:karenoberthal@aol.com)

Scripture: [2 Corinthians 9:6-15](#) God's gifts are given to be shared.

**SOUP KITCHEN MINISTRY IMPACT FOR JULY 2022-JUNE 2023** | In the past year, Soup Kitchen served 50 - 60 **hot** meals to guests every Sunday. In March, we returned to in-person serving. This required the return of our serving teams which comprise of multiple groups from other churches in the area. Each Sunday has its own cook and serving team captain. We are grateful for the cooking team captains who have continued, and thankful for the serving teams who returned. We need serving volunteers from 12:30pm - 2:30pm on the 3rd and 5th Sundays. The cooking team captains create the meal menu, acquire the ingredients, and lead the cooking volunteers. Our serving team volunteers set up the tables, plate the meal, serve our guests, and clean up the commons afterward. The soup kitchen ministry thanks all our volunteers and everyone who has donated food. POC: Christopher Woods [christopher.l.w99@gmail.com](mailto:christopher.l.w99@gmail.com)

**SECULAR FRANCISCAN ORDER IN TIDEWATER VIRGINIA AREA** | Come and see about Franciscan Spirituality. We are lay men and women from throughout the Tidewater VA Area who are learning to follow Christ in the footsteps of Saint Francis of Assisi. Our fraternity, OSF Sacred Heart meets the 3<sup>rd</sup> Sunday of each month at Saint Gregory the Great at 2:15 pm. For more info., please contact Anne O'Leary, OFS (757) 572-1749, [pjrainbow@juno.com](mailto:pjrainbow@juno.com) | and William Wallace, OFS (757) 553-8767, [wgwbraveheart@hotmail.com](mailto:wgwbraveheart@hotmail.com) | [Website](#)

## October 14 & 15

October is **40 Days For Life Month**. Thank you for your participation in the Social and Environmental Ministries rooted in the scriptures and Catholic Social Teaching (CST).

**PREGNANT AND NEED HELP?** [Click here](#) to find pregnancy resources offered by our two dioceses.

**40 DAYS FOR LIFE** Sept. 27-Nov. 5, you're invited to join other Christians for 40 Days for Life – 40 days of prayer and fasting for an end to abortion. You're also invited to stand and peacefully pray during a 40-day vigil in the public right-of-way outside Planned Parenthood, 515 Newtown Rd. Virginia Beach, VA, and to help spread the word about this important community outreach. If you'd like more information – and especially if you'd like to volunteer to help, please contact: Charles DeFoore; 757-679-8279; [cwdefoore@gmail.com](mailto:cwdefoore@gmail.com) or visit our website at [www.40DaysforLife.com](http://www.40DaysforLife.com).

**THE TIDEWATER SOWERS OF JUSTICE** | Do you carry deep concern for people impacted by racism, lack of affordable housing and healthcare, immigration laws, high rates of incarceration, climate, and many other injustices? You are not alone! The Tidewater Sowers of Justice is a faith-based group that addresses social justice causes of our world. We invite you to come journey with us. We meet on the second Friday of each month in different churches to learn about, accept and respond to the challenges of the Gospel. POC: Helen White at 757-270-8074 or email [dolfingal8@gmail.com](mailto:dolfingal8@gmail.com).

**IF ALCOHOL IS CAUSING PROBLEMS IN YOUR LIFE**, contact A.A. We're alcoholics helping other alcoholics get sober. 757-490-3980. [info@tidewaterintergroup.org](mailto:info@tidewaterintergroup.org). Get the app for meetings. Look for the folding chair in a blue circle.

## 2023-2024 JUSTICE AND PEACE BULLETIN NOTES

**VISION** The Social Ministry Committee encompasses social outreach (faithful action) with spirituality (through Catholic Social Teaching formation), to integrate an awareness of social justice and charity into all aspects of parish life.

### October 21 & 22

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**INTEGRAL ECOLOGY** | *Integral Ecology*, a concept popularized by Pope Francis in the encyclical *Laudato Si*, refers to an integrated and holistic approach to political, social, economic, and environmental problems. Its importance comes from the urgent need to address current global environmental concerns in a sustainable way. The notion of integral ecology attempts to capture the connection between humanity and the environment, offering a more comprehensive understanding of how we have arrived at the present global situation. Understanding integral ecology gives us insight into how our environmental and social problems are interconnected and how solutions to these problems must be interconnected as well. To learn more about *Integral Ecology* take five minutes to watch “What is Integral Ecology?” (<https://youtu.be/3TReVkrHEV8>), a video prepared by eco-catholic.com.

[IHD Research Lab: Integral Ecology | Kellogg Institute For International Studies \(nd.edu\)](#) [viewed 8 Sep 2023]

**ADVENT GIVING TREE** | Our Advent tradition of providing gifts for our friends at St. Gabriel parish in Haiti, as well as the children of the migrant workers on Virginia's Eastern Shore continues this year, with online signups only. The websites will be active on November 1 and will continue through Dec. We have the names of the children, from infants to 12 years old, from the Eastern Shore. For each one we have the name, age, clothing size and toy preference. We prefer new gifts but will accept gently used. You may give both clothing and a toy if you wish. Wrapped gifts, with the child's name and number firmly attached, must be brought to the church by Sun., Dec. 10<sup>th</sup>. We have the names of 81 8<sup>th</sup> and 9<sup>th</sup> graders at St. Gabriel parish who are in need of textbooks. We are asking for monetary donations to purchase books for these students. Those donations can be made online, to the office or in the collection basket. Please write Haiti Giving Tree/Textbooks in the memo line of your check. If you have any questions, you can contact Pam Housler at 757-536-2442 or [pamhousler@cox.net](mailto:pamhousler@cox.net). Thank you for your generosity to the children that depend on us.

### October 28 & 29

October is **40 Days For Life Month**. Thank you for your participation in the Social and Environmental Ministries rooted in the scriptures and Catholic Social Teaching (CST).

**THANKSGIVING BASKETS 2023** | Next month, we will be collecting non-perishable food to distribute to several area agencies. Grab a bag after Mass, fill it, and bring it back to Sacred Heart no later than Sun. Nov 19<sup>th</sup>. Shopping list and the agencies we serve are listed on the website.

We need help sorting and packing the food. Contact Karen Latham to volunteer, and please note "Thanksgiving Baskets" in the subject line: [karenoberthal@aol.com](mailto:karenoberthal@aol.com)

## 2023-2024 JUSTICE AND PEACE BULLETIN NOTES

**VISION** The Social Ministry Committee encompasses social outreach (faithful action) with spirituality (through Catholic Social Teaching formation), to integrate an awareness of social justice and charity into all aspects of parish life.

- Monday November 20th (3-5 PM): pack the grocery bags for distribution
- Tuesday November 21st (9-11AM): load vehicles

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### JUSTICE AND PEACE NOVEMBER 2023

#### BLACK CATHOLIC HISTORY MONTH, THANKSGIVING BASKETS, ADVENT GIVING TREE

NOVEMBER 2023	
FOOD SECURITY, BLACK CATHOLIC HISTORY	
Sundays	Soup Kitchen
Tues./Thur./Sat. weekly	Catholic Worker, Soupline
<b>11/1-</b>	<b>All Saints Day</b>
11/6-	<b>Justice &amp; Peace Meeting, 7:00 pm - 8:15 pm, Commons</b>
11/14-	<i>Haiti Twinning Ministry (HTM) 6:00 pm light dinner, meeting 6:30 pm - 7:30 pm, Commons</i>
11/4-	Sat., Thanksgiving Basket AM Set Up-Commons
11/4&5-	Week 1-Thanksgiving Baskets: pulpit announcement, shopping list & dates in bulletin. Link on the Sacred Heart Website with updated shopping list/dates
11/ 11&12	Week 2-Thanksgiving Baskets: pulpit announcement, shopping list & dates in bulletin. Link on the Sacred Heart Website with updated shopping list/dates
19-Nov	Memorial Mass Neil Walsh
11/18-19-	Week 3-All nonperishable food due by 4 p.m. Sun. Nov. 19
Sun. 11/19-	Thanksgiving Baskets: Sacred Heart Youth Sort & Count Food, 3:00 pm - 5:00 pm
11/18-19	Ministry Fair
11/20 Mon.	Thanksgiving Baskets: Volunteers pack food in reusable grocery bags, 3:00 pm - 5:00 pm

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<b>11/20-</b>	<b>Care For Creation Meeting, 7:00 pm-8:15 pm-Commons</b>
Tues. 11/21-	Tues. 9:00 am Fr. Paul blesses food, Agencies pick-up bags, 9:00 am - 11:00 am
<b>11/22-TBC</b>	<b>Thanksgiving Eve, Advent Giving Tree Display Table (Eastern Shore &amp; St. Gabriel Children)</b>
*11/23-	Thanksgiving Day
*11/25&26	Advent Giving Tree Display Week #1 (Children of the Eastern Shore & St. Gabriel's)

This month, we focus on Black Catholic History, Thanksgiving Baskets, and Advent Giving Tree. Thank you for your participation in those ministries rooted in the scriptures and Catholic Social Teaching (CST).

### NOVEMBER 4/5

**BLACK CATHOLIC HISTORY** | This month, we celebrate Black Catholic History to honor and give special recognition to men and women of Africa and African descent who were pioneers of the Catholic Faith! The church in the US has been celebrating Black Catholic History Month since 1990. Many forget that Christianity didn't start in Europe. From the very beginning when the Risen Christ commissioned the Apostles to make disciples of ALL nations they started with those nations in the closest vicinity of Palestine: The Middle East and The Continent of Africa.

Candidates for Sainthood in the African American Community provide the faithful with encouragement and hope on how to live a saintly life. They each have contributed to the mission of the church in their own unique way, and we celebrate their road to sainthood. Click on [Venerable Pierre Toussaint](#) to view a beautiful collage.

**THE LETTER: A MESSAGE FOR OUR EARTH** is a 2022 documentary film presented by YouTube Originals in cooperation with the Vatican, telling the story of the *Laudato Si'* encyclical by Pope Francis. The film was screened at the Summer Sizzlers. The Care for Creation Committee hopes that you will watch the film and that seeing it will stimulate parish discussion on climate change. If you would like to view the film, it is available on YouTube or on PBS through WHRO Passport. The Catholic Climate Covenant suggests that you respond to the film by

- Praying or reflecting to improve your ability to tackle challenges like the ecological crisis. Dedicate time to prayer or reflection every day.
- Plan one meat-free meal every week to lessen the impact of industrial farming on the climate. Start this week.
- Start a conversation with a friend or family member about *Laudato Si'* by sharing the trailer for The Letter.

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