How Can You Help?

Fill a shopping list and bring it to Sacred Heart by 4PM Sunday November 24th

• Canned meat, chicken, or fish

• Chunky soups with meat

• Canned pork and beans

• Pasta sauce with meat and dry pasta

• Peanut butter and jelly

• Canned or boxed milk

• Box macaroni and cheese

• Spaghetti O's

• Dried beans (red, pinto, navy or black)

• 1lb (please!) bags of rice and box rice mixes

• 32oz bottle of cooking oil

• Assorted canned vegetables (peas, green beans, corn, carrots, tomatoes, etc)

• Canned fruit (no heavy syrup)

• Instant mashed potatoes

• Jar gravy/ chicken broth

• Canned yams/sweet potatoes

• Canned cranberry sauce

• Stuffing

• Muffin/cornbread/ biscuit mix

Sign up after Mass to bring

• 12-14lb frozen turkey and roasting pan (we need 35)

• 5lb bag of Maseca Corn Flour for tortillas (we need 25)

• Home baked desserts (we need lots and lots!!)

Be a helper at Sacred Heart

Monday November 25th (3-5PM) — Volunteer “shoppers” pack boxes Tuesday November 26th (9-11AM) — Adults needed to load vehicles